

The Liz Logelin Foundation 5k

Frequently Asked Questions



Is the 5k a race?

While you're welcome to run, walk or crawl around Lake Calhoun, we will not have a race element this year. In the future we hope to incorporate a race into the event.

How do I register if I'm bringing my wife/husband/children?

The registration fee is \$25 per person. However, after the first family member, additional family members may register at a reduced fee of \$20 per person, and kids under 12 years of age are free. The registration fee includes a t-shirt! However, please have each participant sign the waiver statement, and please sign on behalf of minor children.

Will you have children's t-shirts?

Yes! The order form for children's shirts is being finalized with our vendors and will be available online soon!

Are the t-shirt sizes men's , women's or unisex?

The shirt sizes are unisex and will feature a gender neutral, awesome design.

I live in Wistuckyhassetts – will I still get my shirt in time to walk around my neighborhood?

Yes, as long as you have your registration form in (received, not post-marked) by September 4, 2009.

I live in Wistuckyhassetts but I'm coming to Minnesota for the walk – is there anything special I should do?

Yes, be sure to indicate on your registration form that you'll be participating in the Minnesota walk so your shirt is not shipped to Wistuckyhassetts.

I live in another country, can I still get a shirt?

Yes, but please email Becky at 5k@thelizlogelinfoundation.org to get additional shipping information.

I think it's easier to have my friends and family write checks to me. Can I send along one total check for the donations I receive without sending along the sponsor form?

Yes. The sponsor form is a way for you to keep track of donations and the Foundation to keep track of all the checks that come in. However, if you'll be sending just one check, we do not need a record of everyone that donated. Just be sure that your name is on the check so that we properly credit you for the donation.

What if I have a donor who only wants to pay by credit card?

We prefer checks made payable to The Liz Logelin Foundation to avoid the fees associated with Paypal. However, if you have a donor who'd like to sponsor you via credit card, please direct them to the Foundation's website (thelizlogelinfoundation.org) and send a corresponding email to Becky at 5k@thelizlogelinfoundation.org so that you get properly credited for that donation.

Still have questions? Email Becky at 5k@thelizlogelinfoundation.org.